



# HOSPICE: SPIRITUAL CARE

*Signature Hospice staff honor the religious and spiritual beliefs and practices of all our patients and families. Integrating the spiritual is an essential aspect of hospice care. We include Interfaith Hospice Chaplains as part of our care team to emphasize the spiritual care needs of our patients and families.*

*Our Chaplains are professionally trained to work with emotional and spiritual concerns with respect and sensitivity to each person's unique beliefs. They do not replace your own religious leader, but provide another source of support for patients and their families. Using an interfaith approach, our Chaplains work with people from all faith backgrounds, or none at all.*

*Many people find that although they do not consider themselves religious, end-of-life care brings up many questions about the meaning of life and death. Our Hospice Chaplains provide the opportunity for you to explore questions and develop spiritual resources to help you find peace on life's final journey.*

## **THOSE WHO KNOW LIFE'S END IS DRAWING NEAR OFTEN REFLECT ON THE EXPERIENCE OF DYING AND WHAT IT HOLDS.**

Death is a journey each of us will take. It makes sense to have questions about the process and what it means. Chaplains can help you or your loved one find your own answers to these questions, which may include:

- What happens to a person during and after death?
- What do you want your death to look like?
- How can you spiritually prepare for death?
- What do you need to feel more confident and peaceful?
- How do you want to be remembered?
- How can you make peace with your life and with those you have disappointed?
- What kind of memorial service, celebration, or other remembrance do you want after your death?

## **SPIRITUALITY IS:**

- Silence
- Contemplation
- Finding Meaning
- Freedom
- Comfort
- Peace



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# SIGNATURE healthcare at home

care where you are



## WHEN LIFE'S TIME IS SHORT, THERE ARE OFTEN CHOICES TO MAKE IN ORDER TO USE ONE'S REMAINING TIME WELL.

- What do you still want to accomplish?
- What do you need to do to get your affairs in order?
- Who are the people you want to spend time with?
- Are there letters you want to write, conversations you'd like to have, or matters you need to resolve?
- What will bring pleasure to this part of your life?

It is healthy to think about these questions and to talk about them with family and friends. Those who know they are going to die soon often can have a high quality of life for the very reason that they are free to focus their energy on what is really important.

Our Hospice Chaplains are trained to listen and support patients and their families as they work through these important questions and come to a place of peace.

## A SIGNATURE HOSPICE CHAPLAIN CAN:

- Meet with you and/or your family to share hopes, fears, dreams, concerns, and ways to create a lasting memory
- Support you in your exploration or struggles with spiritual or emotional concerns
- Provide spiritual guidance, respecting your personal beliefs
- Provide grief and bereavement counseling and support
- Provide prayer, guided meditations, life review, music, readings from the Bible and other sacred texts, and poetry and meditations, if requested
- Sit with patients and their families during a patient's dying process
- Be available to assist you or your clergy in planning a funeral, memorial, or celebration-of-life service
- Officiate the funeral, memorial or celebration-of-life service, if requested
- Help obtain clergy services from the faith group of your choice

### Portland/Salem and Surrounding Areas:

P 800.936.4756 (Toll Free)

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Patient services are provided without regard to race, color, religion, age, gender, sexual orientation, disability (mental or physical), communicable disease, place of national origin or military status. For more information, please contact Signature at 800.936.4756

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